



Referral Form

Progress Weight Management is here for all of your patients weight loss needs. Our providers are certified in weight management through the Obesity Medicine Association, and provide individualized assessments for the patient's health goals.

We provide comprehensive weight management services encompassing:

- + Nutrition
- + Physical activity
- + Behavior modification
- + Medication management
- + SECA body composition scan
- + On-site registered dietitian
- + Telehealth is also an option for those in ND & MN

Please include the following information in your referral: (Progress Weight Management staff will contact the patient to schedule once the referral is reviewed.)

- Patient demographics
- Insurance information
- Provider referral
 - Office visit notes (if applicable)
 - Any pertinent lab results (if applicable)

**If you are a surgical practice referring your patient for weight management prior to an upcoming procedure, please include any specific benchmark goals that are required below:
